

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Punder Wout

Coaches: Stiers Obi

Coaches: Sevenants Marc

Coaches: De Decker Tania HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 14:03
Heat: 1/14 Lane : 2 Athlete: LAENEN FEBE			Q-time: 99:99:99
PB (25m pool): 00:33.63 Leuven 20/10/2024			PB (50m pool): 00:33.98 SB: no time
PB	2 5 M	5 0 M	
		00:33.63	
	00:33.63		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:09
Heat: 6/14 Lane : 5 Athlete: GIJSENBURG WINKE			Q-time: 00:38:53
PB (25m pool): 00:38.53 Hannuit 28/03/2026			PB (50m pool): 00:42.40 SB: no time
PB	2 5 M	5 0 M	
		00:38.53	
	00:38.53		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:12
Heat: 8/14 Lane : 5 Athlete: ROOSEN TESS			Q-time: 00:35:67
PB (25m pool): 00:35.67 Hannuit 28/03/2026			PB (50m pool): 00:36.94 SB: no time
PB	2 5 M	5 0 M	
		00:35.67	
	00:35.67		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:9, starttime: 14:13
Heat: 9/14 Lane : 5 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 00:34:95
PB (25m pool): 00:34.65 LEUVEN 23/11/2025			PB (50m pool): 00:35.74 SB: no time
	2 5 M	5 0 M	
PB		00:34.65	
	00:34.65		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:10, starttime: 14:14
Heat: 10/14 Lane : 2 Athlete: AMADOU CAMILLE			Q-time: 00:33:46
PB (25m pool): 00:33.46 Hannuit 28/03/2026			PB (50m pool): 00:34.09 SB: no time
	2 5 M	5 0 M	
PB		00:33.46	
	00:33.46		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:11, starttime: 14:15
Heat: 11/14 Lane : 1 Athlete: VAN BOXSTAEI NORA			Q-time: 00:33:28
PB (25m pool): 00:33.28 Hannuit 28/03/2026			PB (50m pool): 00:33.81 SB: no time
	2 5 M	5 0 M	
PB		00:33.28	
	00:33.28		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:12, starttime: 14:16
Heat: 12/14 Lane : 5 Athlete: DESMET STERRE			Q-time: 00:32:43
PB (25m pool): 00:32.31 Bree 01/06/2025			PB (50m pool): 00:32.76 SB: no time
	2 5 M	5 0 M	
PB		00:32.31	
	00:32.31		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 14:21
Heat: 2/18 Lane : 3 Athlete: GODART SIMON			Q-time: 00:50:44
PB (25m pool): 00:50.44 Hannuit 28/03/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:50.44	
	00:50.44		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:24
Heat: 4/18 Lane : 2 Athlete: LAENEN CID			Q-time: 00:43:27
PB (25m pool): 00:43.27 Tervuren 30/05/2026			PB (50m pool): 00:43.88 SB: no time
	2 5 M	5 0 M	
PB		00:43.27	
	00:43.27		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:24
Heat: 4/18 Lane : 4 Athlete: GRéGOIRE MATS			Q-time: 00:43:22
PB (25m pool): 00:43.22 Hannuit 28/03/2026			PB (50m pool): 00:46.41 SB: no time
	2 5 M	5 0 M	
PB		00:43.22	
	00:43.22		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:25
Heat: 5/18 Lane : 2 Athlete: DE MUYTER THOMAS			Q-time: 00:42:72
PB (25m pool): 00:42.72 Tervuren 30/05/2026			PB (50m pool): 00:46.21 SB: no time
	2 5 M	5 0 M	
PB		00:42.72	
	00:42.72		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:12, starttime: 14:33
Heat: 12/18 Lane : 4 Athlete: VAN GORP LUCAS			Q-time: 00:33:60
PB (25m pool): 00:33.60 Hannuit 28/03/2026			PB (50m pool): 00:33.81 SB: no time
	2 5 M	5 0 M	
PB		00:33.60	
	00:33.60		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:13, starttime: 14:34
Heat: 13/18 Lane : 4 Athlete: FLORES SéBASTIEN			Q-time: 00:32:96
PB (25m pool): 00:32.96 Hannuit 28/03/2026			PB (50m pool): 00:33.65 SB: no time
	2 5 M	5 0 M	
PB		00:32.96	
	00:32.96		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:36
Heat: 15/18 Lane : 1 Athlete: JORIS JESSE			Q-time: 00:31:90
PB (25m pool): 00:31.90 Tervuren 30/05/2026			PB (50m pool): 00:32.27 SB: no time
	2 5 M	5 0 M	
PB		00:31.90	
	00:31.90		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:36
Heat: 15/18 Lane : 2 Athlete: CHABOTTIER LARGO			Q-time: 00:31:36
PB (25m pool): 00:31.36 Hannuit 28/03/2026			PB (50m pool): 00:31.77 SB: no time
	2 5 M	5 0 M	
PB		00:31.36	
	00:31.36		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:17, starttime: 14:38
Heat: 17/18 Lane : 3 Athlete: CAMBRON WARD			Q-time: 00:28:74
PB (25m pool): 00:28.74 Hannuit 28/03/2026			PB (50m pool): 00:29.70 SB: no time
	2 5 M	5 0 M	
PB		00:28.74	
	00:28.74		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 14:42
Heat: 1/14 Lane : 3 Athlete: LAENEN FEBE			Q-time: 99:99:99
PB (25m pool): 00:34.45 Leuven 20/10/2024			PB (50m pool): 00:35.02 SB: no time
	2 5 M	5 0 M	
PB		00:34.45	
	00:34.45		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:53
Heat: 7/14 Lane : 3 Athlete: ROOSEN TESS			Q-time: 00:37:87
PB (25m pool): 00:36.71 Hannuit 02/03/2024			PB (50m pool): 00:38.89 SB: no time
	2 5 M	5 0 M	
PB		00:36.71	
	00:36.71		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:55
Heat: 8/14 Lane : 1 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 00:37:60
PB (25m pool): 00:37.60 Hannuit 28/03/2026			PB (50m pool): 00:39.73 SB: no time
	2 5 M	5 0 M	
PB		00:37.60	
	00:37.60		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:9, starttime: 14:56
Heat: 9/14 Lane : 2 Athlete: GIJSENBURG WINKE			Q-time: 00:36:66
PB (25m pool): 00:36.36 Vilvoorde 05/10/2025			PB (50m pool): 00:38.00 SB: no time
	2 5 M	5 0 M	
PB		00:36.36	
		00:36.36	

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:9, starttime: 14:56
Heat: 9/14 Lane : 5 Athlete: AMADOU CAMILLE			Q-time: 00:36:88
PB (25m pool): 00:36.88 Hannuit 28/03/2026			PB (50m pool): 00:37.98 SB: no time
	2 5 M	5 0 M	
PB		00:36.88	
		00:36.88	

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:11, starttime: 14:59
Heat: 11/14 Lane : 1 Athlete: VAN BOXSTAEL NORA			Q-time: 00:35:65
PB (25m pool): 00:35.65 Hannuit 28/03/2026			PB (50m pool): 00:37.34 SB: no time
	2 5 M	5 0 M	
PB		00:35.65	
		00:35.65	

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:12, starttime: 15:01
Heat: 12/14 Lane : 4 Athlete: DESMET STERRE			Q-time: 00:34:09
PB (25m pool): 00:34.09 Hannuit 28/03/2026			PB (50m pool): 00:35.60 SB: no time
	2 5 M	5 0 M	
PB		00:34.09	
		00:34.09	

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 15:06
Heat: 1/18 Lane : 1 Athlete: DE MUYTER THOMAS			Q-time: 99:99:99
PB (25m pool): 00:45.53 Meise 14/09/2025			PB (50m pool): 00:41.23 SB: no time
	2 5 M	5 0 M	
PB		00:45.53	
	00:45.53		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 15:15
Heat: 6/18 Lane : 2 Athlete: LAENEN CID			Q-time: 00:43:15
PB (25m pool): 00:43.15 Hannuit 28/03/2026			PB (50m pool): 00:43.76 SB: no time
	2 5 M	5 0 M	
PB		00:43.15	
	00:43.15		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:17
Heat: 7/18 Lane : 2 Athlete: GODART SIMON			Q-time: 00:42:74
PB (25m pool): 00:42.74 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:42.74	
	00:42.74		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 15:18
Heat: 8/18 Lane : 5 Athlete: GRéGOIRE MATS			Q-time: 00:40:98
PB (25m pool): 00:40.98 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:40.49 SB: no time
	2 5 M	5 0 M	
PB		00:40.98	
	00:40.98		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:13, starttime: 15:27
Heat: 13/18 Lane : 5 Athlete: VAN GORP LUCAS			Q-time: 00:35:42
PB (25m pool): 00:35.42 Hannuit 28/03/2026			PB (50m pool): 00:36.61 SB: no time
	2 5 M	5 0 M	
PB		00:35.42	
	00:35.42		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:14, starttime: 15:28
Heat: 14/18 Lane : 2 Athlete: CHABOTTIER LARGO			Q-time: 00:34:13
PB (25m pool): 00:34.07 Temse 17/11/2025			PB (50m pool): 00:35.53 SB: no time
	2 5 M	5 0 M	
PB		00:34.07	
	00:34.07		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:14, starttime: 15:28
Heat: 14/18 Lane : 5 Athlete: FLORES SéBASTIEN			Q-time: 00:34:46
PB (25m pool): 00:34.46 Hannuit 28/03/2026			PB (50m pool): 00:36.57 SB: no time
	2 5 M	5 0 M	
PB		00:34.46	
	00:34.46		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:16, starttime: 15:31
Heat: 16/18 Lane : 1 Athlete: JORIS JESSE			Q-time: 00:33:34
PB (25m pool): 00:33.34 Tervuren 30/05/2026			PB (50m pool): 00:34.00 SB: no time
	2 5 M	5 0 M	
PB		00:33.34	
	00:33.34		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:16, starttime: 15:31
Heat: 16/18 Lane : 2 Athlete: CAMBRON WARD			Q-time: 00:32:67
PB (25m pool): 00:32.67 Hannuit 28/03/2026			PB (50m pool): 00:34.18 SB: no time
	2 5 M	5 0 M	
PB		00:32.67	
	00:32.67		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:39
Heat: 2/14 Lane : 2 Athlete: LAENEN FEBE			Q-time: 99:99:99
PB (25m pool): 00:38.53 Bree 01/06/2025			PB (50m pool): 00:40.68 SB: no time
	2 5 M	5 0 M	
PB		00:38.53	
	00:38.53		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 15:45
Heat: 7/14 Lane : 4 Athlete: GIJSENBURG WINKE			Q-time: 00:43:85
PB (25m pool): 00:43.85 Hannuit 28/03/2026			PB (50m pool): 00:50.40 SB: no time
	2 5 M	5 0 M	
PB		00:43.85	
	00:43.85		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 15:47
Heat: 8/14 Lane : 3 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 00:42:56
PB (25m pool): 00:41.28 Hannuit 29/11/2025			PB (50m pool): 00:42.90 SB: no time
	2 5 M	5 0 M	
PB		00:41.28	
	00:41.28		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 15:48
Heat: 9/14 Lane : 4 Athlete: VAN BOXSTAEL NORA			Q-time: 00:41:45
PB (25m pool): 00:40.52 Bree 01/06/2025			PB (50m pool): 00:42.54 SB: no time
	2 5 M	5 0 M	
PB		00:40.52	
	00:40.52		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 15:48
Heat: 9/14 Lane : 5 Athlete: ROOSEN TESS			Q-time: 00:42:25
PB (25m pool): 00:41.66 LEUVEN 24/11/2024			PB (50m pool): 00:42.35 SB: no time
	2 5 M	5 0 M	
PB		00:41.66	
	00:41.66		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 15:51
Heat: 12/14 Lane : 1 Athlete: DESMET STERRE			Q-time: 00:38:94
PB (25m pool): 00:38.94 Hannuit 28/03/2026			PB (50m pool): 00:41.30 SB: no time
	2 5 M	5 0 M	
PB		00:38.94	
	00:38.94		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 15:53
Heat: 13/14 Lane : 1 Athlete: AMADOU CAMILLE			Q-time: 00:37:26
PB (25m pool): 00:37.26 Hannuit 28/03/2026			PB (50m pool): 00:37.82 SB: no time
	2 5 M	5 0 M	
PB		00:37.26	
	00:37.26		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 16:01
Heat: 5/18 Lane : 2 Athlete: GODART SIMON			Q-time: 00:49:54
PB (25m pool): 00:49.54 Dilbeek 10/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:49.54	
	00:49.54		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 16:03
Heat: 7/18 Lane : 1 Athlete: GRÉGOIRE MATS			Q-time: 00:46:43
PB (25m pool): 00:46.43 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:51.51 SB: no time
	2 5 M	5 0 M	
PB		00:46.43	
	00:46.43		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 16:03
Heat: 7/18 Lane : 3 Athlete: DE MUYTER THOMAS			Q-time: 00:44:78
PB (25m pool): 00:44.78 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:44.21 SB: no time
	2 5 M	5 0 M	
PB		00:44.78	
	00:44.78		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 16:05
Heat: 8/18 Lane : 2 Athlete: LAENEN CID			Q-time: 00:44:22
PB (25m pool): 00:44.22 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.22	
	00:44.22		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:12, starttime: 16:10
Heat: 12/18 Lane : 5 Athlete: FLORES SéBASTIEN			Q-time: 00:39:48
PB (25m pool): 00:39.48 Hannuit 28/03/2026			PB (50m pool): 00:41.13 SB: no time
	2 5 M	5 0 M	
PB		00:39.48	
	00:39.48		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:13, starttime: 16:11
Heat: 13/18 Lane : 2 Athlete: VAN GORP LUCAS			Q-time: 00:38:64
PB (25m pool): 00:38.64 Hannuit 28/03/2026			PB (50m pool): 00:39.82 SB: no time
	2 5 M	5 0 M	
PB		00:38.64	
	00:38.64		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:14, starttime: 16:12
Heat: 14/18 Lane : 2 Athlete: JORIS JESSE			Q-time: 00:37:84
PB (25m pool): 00:37.84 Dilbeek 10/05/2026			PB (50m pool): 00:39.82 SB: no time
	2 5 M	5 0 M	
PB		00:37.84	
	00:37.84		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:15, starttime: 16:13
Heat: 15/18 Lane : 2 Athlete: CHABOTTIER LARGO			Q-time: 00:36:46
PB (25m pool): 00:36.46 Hannuit 28/03/2026			PB (50m pool): 00:37.81 SB: no time
	2 5 M	5 0 M	
PB		00:36.46	
	00:36.46		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:18, starttime: 16:16
Heat: 18/18 Lane : 1 Athlete: CAMBRON WARD			Q-time: 00:32:98
PB (25m pool): 00:32.98 Hannuit 28/03/2026			PB (50m pool): 00:33.87 SB: no time
	2 5 M	5 0 M	
PB		00:32.98	
	00:32.98		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 16:21
Heat: 1/14 Lane : 4 Athlete: LAENEN FEBE			Q-time: 99:99:99
PB (25m pool): 00:28.55 Vilvoorde 18/05/2025			PB (50m pool): 00:29.14 SB: no time
	2 5 M	5 0 M	
PB		00:28.55	
	00:28.55		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:26
Heat: 6/14 Lane : 1 Athlete: GIJSENBURG WINKE			Q-time: 00:33:28
PB (25m pool): 00:33.28 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:33.02 SB: no time
	2 5 M	5 0 M	
PB		00:33.28	
	00:33.28		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:27
Heat: 7/14 Lane : 1 Athlete: ROOSEN TESS			Q-time: 00:32:79
PB (25m pool): 00:32.79 Hannuit 28/03/2026			PB (50m pool): 00:33.76 SB: no time
	2 5 M	5 0 M	
PB		00:32.79	
	00:32.79		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:29
Heat: 8/14 Lane : 2 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 00:32:22
PB (25m pool): 00:32.22 Hannuit 28/03/2026			PB (50m pool): 00:33.21 SB: no time
	2 5 M	5 0 M	
PB		00:32.22	
	00:32.22		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:30
Heat: 9/14 Lane : 3 Athlete: AMADOU CAMILLE			Q-time: 00:31:13
PB (25m pool): 00:31.07 Vilvoorde 18/05/2025			PB (50m pool): 00:31.68 SB: no time
	2 5 M	5 0 M	
PB		00:31.07	
	00:31.07		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:32
Heat: 11/14 Lane : 2 Athlete: VAN BOXSTAEL NORA			Q-time: 00:30:28
PB (25m pool): 00:30.28 Hannuit 28/03/2026			PB (50m pool): 00:30.52 SB: no time
	2 5 M	5 0 M	
PB		00:30.28	
	00:30.28		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:33
Heat: 12/14 Lane : 4 Athlete: DESMET STERRE			Q-time: 00:29:58
PB (25m pool): 00:29.32 Hannuit 29/11/2025			PB (50m pool): 00:30.18 SB: no time
	2 5 M	5 0 M	
PB		00:29.32	
	00:29.32		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 12: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:36
Heat: 1/18 Lane : 1 Athlete: DE MUYTER THOMAS			Q-time: 99:99:99
PB (25m pool): 00:39.40 Meise 14/09/2025			PB (50m pool): 00:33.59 SB: no time
	2 5 M	5 0 M	
PB		00:39.40	
	00:39.40		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:41
Heat: 5/18 Lane : 5 Athlete: GRÉGOIRE MATS			Q-time: 00:35:71
PB (25m pool): 00:35.71 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:35.42 SB: no time
	2 5 M	5 0 M	
PB		00:35.71	
	00:35.71		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:42
Heat: 6/18 Lane : 3 Athlete: GODART SIMON			Q-time: 00:34:25
PB (25m pool): 00:34.25 Hannuit 28/03/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:34.25	
	00:34.25		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:42
Heat: 6/18 Lane : 5 Athlete: LAENEN CID			Q-time: 00:34:82
PB (25m pool): 00:34.82 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:36.46 SB: no time
	2 5 M	5 0 M	
PB		00:34.82	
	00:34.82		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 12: 50M FREESTYLE MEN 11+			Heat:13, starttime: 16:49
Heat: 13/18 Lane : 2 Athlete: CHABOTTIER LARGO			Q-time: 00:29:41
PB (25m pool): 00:29.41 Hannuit 28/03/2026			PB (50m pool): 00:30.48 SB: no time
	2 5 M	5 0 M	
PB		00:29.41	
	00:29.41		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:13, starttime: 16:49
Heat: 13/18 Lane : 5 Athlete: VAN GORP LUCAS			Q-time: 00:29:42
PB (25m pool): 00:29.42 Hannuit 28/03/2026			PB (50m pool): 00:29.48 SB: no time
	2 5 M	5 0 M	
PB		00:29.42	
	00:29.42		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:14, starttime: 16:50
Heat: 14/18 Lane : 1 Athlete: JORIS JESSE			Q-time: 00:29:33
PB (25m pool): 00:29.33 Hannuit 28/03/2026			PB (50m pool): 00:28.26 SB: no time
	2 5 M	5 0 M	
PB		00:29.33	
	00:29.33		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:15, starttime: 16:51
Heat: 15/18 Lane : 1 Athlete: FLORES SéBASTIEN			Q-time: 00:28:47
PB (25m pool): 00:28.47 Hannuit 28/03/2026			PB (50m pool): 00:28.43 SB: no time
	2 5 M	5 0 M	
PB		00:28.47	
	00:28.47		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 12: 50M FREESTYLE MEN 11+				Heat:17, starttime: 16:53			
Heat: 17/18 Lane : 2 Athlete: CAMBRON WARD				Q-time: 00:26:64			
PB (25m pool): 00:26.64 Hannuit 28/03/2026				PB (50m pool): 00:26.88 SB: no time			
	2 5 M	5 0 M					
PB		00:26.64					
	00:26.64						
							

Coach feedback:

Event number: 13: 4x50M MEDLEY WOMEN						Heat:2, starttime: 16:59		
Heat: 2/2 Lane : 4 Athlete: TEAM KLSVZ 1						Q-time: 02:14:00		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 14: 4x50M MEDLEY MEN						Heat:1, starttime: 17:02		
Heat: 1/2 Lane : 4 Athlete: TEAM KLSVZ 1						Q-time: 02:25:00		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 14: 4x50M MEDLEY MEN						Heat:2, starttime: 17:05		
Heat: 2/2 Lane : 1 Athlete: TEAM KLSVZ 2						Q-time: 02:13:00		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: